



BESTMED BENEFIT STRUCTURE — 2017

GENERAL PRACTITIONER AND SPECIALIST CONSULTATIONS			
Benefit description	Discipline	Chargeable code	Minimum quantity per annum
GP Consultations	14	0190	3
	15	0191	
		0192	
Specialist Consultations	16	0190	Joint with the above
	18	0191	
	32	0192	

HIV MONITORING AND RELATED PATHOLOGY			
Benefit description	Discipline	Chargeable code	Minimum quantity per annum
HIV monitoring tests			
CD4 count & CD4% <i>120 day rule for repeat test</i>	52	3816	2
	37		
Viable Cell Count	52	3922	1
	37		
Viral load <i>120 day rule for repeat test</i>	52	4429	2
	37		
Polymerase chain reaction Qualitative <i>*New born babies from 6 weeks up to 2 years</i>	52	3974	1
	37		
Other tests for monitoring			
Full Blood Count	52	3755	2
	37		
Kidney Function: Creatinine <i>120 day rule for repeat test</i>	52	4032	2
	37		
Urea <i>120 day rule for repeat test</i>	52	4151	2
	37		
Liver Function: LFT - Alanine aminotransferase (ALT)	52	4131	2
	37		
LFT - Aspartate aminotransferase (AST)	52	4130	2
	37		
LFT - Total Protein	52	4117	2
	37		
LFT - Gamma GT	52	4134	2
	37		
LFT - Bilirubin Total	52	4009	1
	37		
LFT - Bilirubin Conjugated	52	4010	1
	37		
Cholesterol: Total Cholesterol <i>120 day rule for repeat test</i>	52	4027	2
	37		

Chol/HDL/LDL/Trig	52 37	4025	1
Triglyceride	52 37	4147	2
Glucose: Quantitative <i>120 day rule for repeat test</i>	52 37	4057	2
TB Screening	52 37	3885	1
Radiometric Tuberculosis culture	52 37	3916	1
Non-Radiometric automated blood cultures	52 37	4651	1

Important information

- Motivation is required for Genotyping and drug resistance testing.
- LifeSense requires that treating doctor sends a motivation for Genotyping.
- LifeSense's Medical Officer will review the request and send the request with a letter of endorsement to Bestmed.
- Only once Bestmed has approved the Genotyping test, will the request be approved by LifeSense and a tariff code be supplied.

The above benefit schedule merely serves as a guide. LifeSense assesses each member's needs individually and manages their disease management program based on their current health status and / or treatment plan.