



LifeSense Disease Management / BESTMED: HIV PMB Coverage  
Services and Contact Information



**BESTMED MEDICAL SCHEME / LIFESENSE HIV PMB MANAGEMENT RESPONSIBILITY AND CONTACT LIST**

CODE	DIAGNOSIS	MEDICAL MANAGEMENT	BENEFIT PAID FROM	SERVICE PROVIDER	CONTACT DETAILS
168S	HIV infection	HIV voluntary counselling and testing	HIV benefit	Bestmed – Wellness day testing and counselling after testing	Tel No: 0860 002 378
		Co-trimoxazole as preventative treatment	HIV benefit	LifeSense	Tel No: 0860 50 60 80
		Screening and preventative therapy for TB	HIV benefit	LifeSense	Tel No: 0860 50 60 80
		Diagnosis and treatment of sexually transmitted infections	PMB benefit	Bestmed	Tel No: 0860 002 378
		Pain management and palliative care	PMB benefit	Bestmed	Tel No: 0860 002 378
		Treatment for opportunistic infections	HIV benefit	LifeSense	Tel No: 0860 50 60 80
		Prevention of mother-to-child transmission of HIV	HIV benefit	LifeSense	Tel No: 0860 50 60 80
		Post-exposure prophylaxis following occupational exposure or sexual assault	Preventative care benefit	LifeSense	Tel No: 0860 50 60 80
		Medical management and medication, including the provision of anti- retroviral therapy, and ongoing monitoring for medicine effectiveness and safety, to the extent provided for in the national guidelines applicable in the public sector	HIV benefit	LifeSense	Tel No: 0860 50 60 80

All benefits are subject to policy options, clinical policies and scheme rules, formularies and DSP networks.

For further information please contact:

BESTMED MEDICAL SCHEME Call Center: 0860 002 378 or website: [www.bestmed.co.za](http://www.bestmed.co.za) | LifeSense Disease Management: [enquiry@lifesense.co.za](mailto:enquiry@lifesense.co.za)